1 ) JSON iterate overall for loops (for,for in,for of, forEach)

var arr=[{"name":"johndoe","age":"23"},{"name":"mary","age":"24"}];

console.log(arr[1].name,arr[1].age);

for(var i=0;i<arr.length;i++){

for(var a in arr[i]){

console.log(a,arr[i][a]);

}

}

for(var i=0;i<arr.length;i++){

console.log(arr[i].id,arr[i].title,arr[i].body);

}